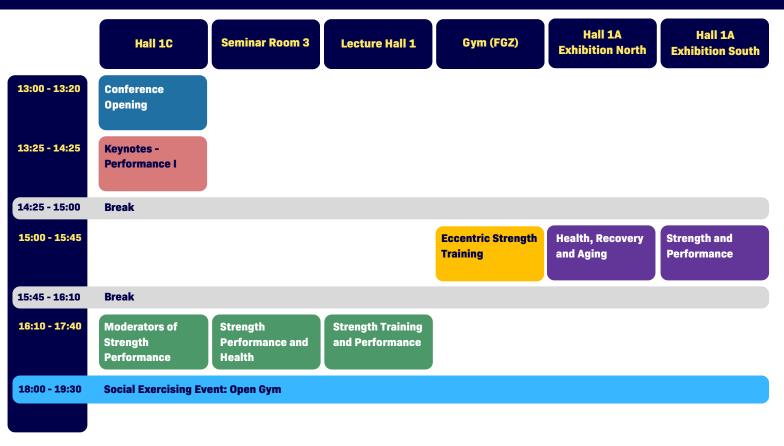
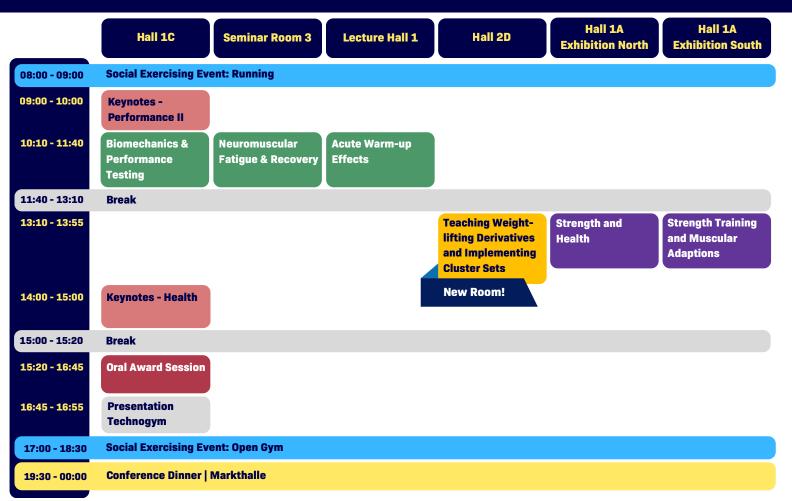
## Wednesday | September 24, 2025





## Thursday | September 25, 2025





## Friday | September 26, 2025



Hall 1A Hall 1C Gym (FGZ) **Exhibition North** Social Exercising Event: Running | Social Exercising Event: Open Gym 07:00 - 08:00 08:30 - 09:30 **Keynotes - Health and Performance Poster Award Session** 09:45 - 10:30 **Strategies in Blood Flow Restriction Exercise: Bridging Research and Practise** Break 10:30 - 11:00 **Moderated Panel Discussion** 11:00 - 11:30 11:30 - 12:10 **Announcement of Adidas Research Awards and Conference Closing**